

2011 VOLUNTEERS NEEDED!

VOLUNTEER POSITIONS AVAILABLE AT SOUTH IREDELL SENIOR CENTER

Project 1: Volunteer Senior Insurance (SHIP) Counselor

Date: In house counseling 3 to 4 hours one afternoon per month during the week M-F, plus on-call phone counseling. *Minimum one year commitment. No limit on the number of volunteers. Individuals must attend SHIP training. Training sites and schedules vary. See Coordinator for current schedule or go to www.ncship.com.

Project 2: Senior Theater Set Construction, Performers, and Stage Volunteers.

Date: Hours will vary M-F based on scheduled productions and outreach. Performers must attend rehearsal on Fridays from 1-3 p.m.

Project 3: Volunteer leader for a Women's club. High organizational and leadership skills required.

Date: Once per week M-F for 1 hour between 8 a.m. to 5 p.m. or on Tuesdays or Thursdays between 7 p.m. to 9 p.m.

Project 4: Volunteer Outreach Exercise Instructor. Have enthusiasm for fitness and desire to help others, experience helpful.

Date: One hour twice a week M-F between 8 a.m. to 5 p.m. for 8 weeks.

Project 5: Crafts Instructor, organization and creativity required.

Date: Once per week M-F between 8 a.m. to 5 p.m. for 8 weeks.

Project 6: Senior Center Office Volunteers.

Date: Once per week M-F between 8 a.m. to 5 p.m. (minimum two month commitment) doing reminder calls to participants, filing, making copies, greeting seniors, answering the phone, etc.

Project 7: Basket Weaving Instructor. Experience and contacts for necessary supplies required.

Date: Once per week M-F, 8 a.m. to 5 p.m. or on Tuesdays or Thursdays between 7 p.m. to 9 p.m. for 8 weeks.

Project 8: Square Dancing or Ballroom Dancing Instructor. Knowledge and experience required. Must supply your own music.

Date: Once per week M-F, 8 a.m. to 5 p.m. or on Tuesdays or Thursdays between 7 p.m. to 9 p.m. for 8 weeks.

Project 9: Volunteer leader to lead a Senior Social Group. Transportation, phone, and ability to plan various activities for the group required. Must be willing to work with others and recruit speakers, entertainers, etc.

Date: Once per month, M-F for 1.5 hours between 8 a.m. to 5 p.m.

Project 10: Volunteers to sell at SISC's odds and ends table and recruit donations. Good people skills a plus. Great opportunity to meet new people and socialize.

Date: Once per week, M-F for 2 hours between 8 a.m. to 5 p.m.

Project 11: Volunteers to solicit businesses as partners for the Senior Center. Good communication and networking skills required. Great opportunity to learn about businesses in the community.

Date: As available. You will work with the Senior Center Manager and project Coordinator.

Project 12: Volunteer Scrap Booking for SISC. Scrap booking knowledge helpful. Perfect for people who love to organize in a creative way.

Date: As available M-F, between 8 a.m. to 5 p.m.

Project 13: Volunteers willing to teach/share their talents with seniors.

Date: As your schedule allows M-F, between 8 a.m. to 5 p.m.

Project 14: Volunteers to deliver meals to senior shut-ins,

Date: M-F, between 10 a.m. and 2 p.m., depending on the route.

A driver's licenses and registered vehicle necessary to transport meals.

Project 15: Volunteers to entertain senior groups with their musical talent. Transportation and musical instrument/equipment needed. An audition is required.

Date: M-F, between 8 a.m. and 5 p.m. especially needed around the holidays.

Project 16: Instructor for Living a Healthy Life. Volunteer instructor is required to attend a four-day training to be certified. Must commit to teach once per week for six weeks, each year. Wonderful opportunity for you to learn and share with others how to live a healthy life.

Dates: Times and days vary. Class schedule is set by the instructor.

Project 17: Matter of Balance Instructor. Volunteer instructor is required to attend a two-day training to be certified. Must commit to teach once per week for six weeks, each year. Wonderful opportunity to help senior adults prevent falls.

Dates: Times and days vary. Class schedule is set by the instructor.

Project 18: Red Hat Women's Social Group Leader. Good communication and leadership skills required. High organizational and networking skills a plus. Great opportunity to meet other women, make new friends, have fun and socialize.

Dates: Times and days vary. Group meetings are set by the instructor.

Project 19: One on one computer tutoring. Great knowledge of the computer and various computer programs.

Dates: Times and days vary, depending on lab availability. Class schedule is set with instructor convenience in mind.

Volunteers must arrange transportation to the Senior Center. If you are age 60+ and need transportation, this can be arranged through the Senior Center by calling 704-663-5112.

South Iredell Senior Center is always in need of donations. Currently needed: craft items, office supplies, used jewelry and items for the Odds & Ends sale, newer version computers, bingo gifts, and door prizes. Also businesses that would like to purchase an ad in SISC's quarterly newsletter or become a Senior Center Partner.